Ottawa metro

WEEKEND, SEPTEMBER 30-OCTOBER 2, 2016

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TO BE CITY,
FAR ENOUGH
TO FEEL ANYTHING BUT.

NORTHSHORE
AT GREYSTONE VILLAGE

GRAND OPENING
THIS WEEKEND

RIVERSIDE SINGLES & TOWNS
IN OLD OTTAWA EAST

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GRAND OPENING

DOORS OPEN 12PM • THIS WEEKEND!

NORTHSHORE

AT GREYSTONE VILLAGE

RIVERSIDE SINGLES & TOWNS IN OLD OTTAWA EAST

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Wearing a little deodorant wouldn't kill you

metroSCIENCE

Via unveils $21.7M plan for Ottawa station renos

metroNEWS

Ottawa metro

TATIANA MASLANY

From the Arctic to the Emmys

metroLIFE

Your essential daily news | WEEKEND, SEPTEMBER 30-OCTOBER 2, 2016

High 18°C/Low 12°C Mainly cloudy

WILD RIDE

Beloved, one-of-a-kind 'Where the Wild Things Are' sculpture returned to Carlington family

metroNEWS

COURTESY LAURA DENNIS

Put the auto in autonomous, says councillor

MOTION

Wilkinson wants Ottawa to be hub for driverless cars

Haley Ritchie
Metro | Ottawa

Kanata North councillor Coun. Marianne Wilkinson is asking city staff to research how Ottawa could become ground zero for Canada's foray into driverless vehicles.

"We already have a group of companies that are doing things connected to the transportation industry, so if we can build on that and encourage more of it by having a centre of excellence we should be able to increase the number of jobs," said Wilkinson.

Wilkinson's motion, due to come up at the next council meeting, asks city staff to compile a report on establishing Ottawa as an industry "centre for excellence" by April.

In September, the province's mandate letter to the transportation minister included establishing a centre of excellence for autonomous vehicles by 2018.

The long-term objective of establishing a centre in Ottawa would be to position the city as a "national software hub for autonomous vehicles."

The motion also asks that the City of Ottawa request the provincial government to work with the city "in approving testing of autonomous and driverless cars on public roads in Ottawa."

While the technology is moving fast, don't expect to see cars driving themselves anytime soon on the 417, said Wilkinson. The technology being developed in Ottawa by businesses like QNX is much more aligned with "assisted driving" and focused on improving safety.

OTTAWA FALL HOME SHOW

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The Main Stage

Get a crash course in creating the ultimate pad from must-see presenters at this year's Main Stage. See designer and HGTV host, **Sarah Richardson** on Friday September 30th from 5:30pm–6:30pm, and many other favourites including editor-in-chief of *Ottawa at Home* magazine, **Mary Taggart**. Consult the full stage schedule online.

Ultimate Upcycle Challenge

Sarah Richardson

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metro NEWS

Your essential daily news

Cindy Lauper speaks out against Montreal's pit bull ban calling it an unjust bylaw.

5 THINGS TO DO ACROSS THE CITY THIS WEEKEND

Get zombified and enjoy a little whisky with your mac and cheese this weekend in Ottawa.

HALEY RITCHIE METRO

1 Whisky Ottawa Fest (Saturday)

Discover a world of whisky this weekend at the Canadian War Museum. Your $109 ticket includes whisky samples, cocktails and light snacks. Whiskies from around the world (including bourbons and ryes) will be available to try and presenters will be talking about everything from different styles to cocktails. The tasting room floor opens 7 p.m.

3 Fall Fest and Fall Rhapsody (all weekend)

Embrace fall this weekend with Old Ottawa South's free Fall Fest in Windsor Park, featuring cooking contests, pumpkins, a bouncy slide and BBQ. The NCC's Fall Rhapsody also kicks off Saturday, with activities in Gatineau Park including shuttle buses to enjoy the autumn colours and "Sounds of the Fall" with musicians and artists from around the region.

4 Zombie Walk (Sunday)

Ottawa's infectious zombie walk returns this weekend. Grab your tattered clothes, your fake blood and your zombie makeup and head to city hall for noon to meet up with the rest of the undead. The march to Parliament Hill begins at 4 p.m. The event is free but donations the Ottawa Food Bank are encouraged.

2 Fall Home Show (all weekend)

Renovations on your mind? DIY project you're dying to try? There's lots of inspiration at the Fall Home Show, featuring presentations by celebrities and an opportunity to meet local vendors face to face. Tickets are $10 and the show starts at noon on Friday and 10 a.m. on Saturday and Sunday at the EY Centre.

5 Mac and cheese festival (all weekend)

Ooey, gooey and cheesy. Whether you like yours with bacon or bread crumbs, you'll find something to suit your taste buds at this mac and cheese festival setting up at City Hall from Friday to Sunday. There's 15 vendors, live music, craft beer, and a best in fest competition. Things kick off at 11 a.m. each day.

BEER

Embrun breweries crafting new offerings for community

Embrun just celebrated a special day. On Sept. 17, the small Franco-Ontarian community, located just east of Ottawa, had two new breweries hosting special events. Tuque de Broue brewery celebrated the release of their fall seasonal, Jacques La-Lanterne, while a short kilometre away, Etienne Brûlé brewpub celebrated its official grand opening.

Embrun? More like Embrewn! Sorry…

Mathieu Jerome, schooled in biotechnology, wanted a career in which he could apply his education and have control over his work. Creating his own beer seemed like a fantastic choice. Étienne Brûlé, the first French pioneer in Ontario, was chosen as the namesake for this brewery because the brewers want to be pioneers in their industry. Beyond their three permanent offerings (Vagabond blonde, Citrale IPA and 5W30 milkstout), the brewery will soon release a witbier and a saison. Going forward, ÉB will also be experimenting with sour beers.

The brewpub is beautifully located in a former fire station. The space was chosen not only because it's a great repurposing of an old building, but also because it provides some fantastic brewing opportunities like high ceilings, drainage, space for expansion, and large roll-up garage doors.

Tuque de Broue brewery has been in the industry since last year, first cutting its teeth through contract brewing at various Ottawa facilities. Owner Nicolas Malboeuf had a background in selling VQA wine and was in awe of the process of turning grapes into wine. This awe brought him into beer production. Malboeuf has been thrilled by the support the community of Embrun has embraced them with since they opened their physical location earlier this year at 189 Bay Street.

Their flagship brew, Tuque Dorée, is a crisp light beer and is reflective of the style the brewery intends to continue to create. Growing to meet demand, TdB just added a new fermentor and expects to need another before the end of the year. Future plans include continuing to grow within the community and the exploration of potential collaborations and esoteric beers.

The two breweries are tight in proximity but offer different experiences and styles of beer. Together, they appeal to a wide market of beer drinkers and hope that united they can deliver a stronger draw for visitors to come enjoy their community. Expect these two breweries to be working closely together over the coming years!

Embrun has become a hot bed for local breweries, with two recently holding special events. CONTRIBUTED

BYWARD MARKET GOURDS GALORE The fall harvest was on full display in the ByWard Market Thursday as tourists enjoyed a sunny afternoon in the downtown destination. The weather this weekend won't be so sunny, though. The forecast calls for rain on both Saturday and Sunday. EMMA JACKSON / METRO

Liberals miss key accounts deadline

POLITICS

Sandals denies accusation they're 'hiding something'

Ontario's opposition parties want to know why the Liberal government is in a fight with the auditor general over the province's public accounts, which won't be published this week as required.

The Progressive Conservatives say "something just doesn't seem right" about the Liberals missing a key deadline for the public accounts, which report on the government's financial performance against the goals set out in the budget.

Treasury Board president Liz Sandals insists the Liberals "have absolutely nothing to hide," and says there are talks underway between accountants in her office and those in the auditor general's office to resolve "a complex accounting issue."

Sandals says the government is still on track to meet its goal of eliminating the deficit in the next fiscal year, and hopes the financial dispute will be settled soon so the public accounts can be published "shortly."

PC Leader Patrick Brown calls the situation "bewildering," and says the delay raises questions about possible "problems with the Liberal numbers" and budget forecasts.

Deputy NDP Leader Jagmeet Singh calls the delay in publishing the public accounts "inexcusable," and says it shows the Liberals' claim of being a transparent government are false. "If the government's not showing or providing information, the natural conclusion people start to wonder is: what are they trying to hide," said Singh.

> **We're not hiding anything. We are on track to meet our targets.**
> Liz Sandals

Sandals said the government would meet the goals published in last year's budget and in the fall economic statement from a year ago, which predicted a deficit of $4.8 billion in fiscal 2016-17 and balanced books in 2017-18. "So we're not hiding anything," she said. "We are on track to meet our targets."

During question period Thursday, the Tories said an "insider" told them that Treasury Board was challenging the auditor general's accounting, but Bonnie Lysyk's office did not immediately respond to requests for comment.

It's not the first time the Liberals have clashed with Lysyk.

Former energy minister Bob Chiarelli didn't like the auditor's work on the government's $2 billion smart meter program and suggested the electricity file was too complicated for Lysyk, who spent 10 years working at Manitoba Hydro.

THE CANADIAN PRESS

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Laura Dennis said she hadn't yet told her kids, ages 2 and 4, the one-of-a-kind Where the Wild Things Are sculpture was stolen from their front yard. COURTESY LAURA DENNIS

Lawn monster takes a walk

THEFT

But beloved sculpture is back with family

Haley Ritchie
Metro | Ottawa

The wild thing has come home.

Hours after a young family in Carlington asked the public for help in the hunt for a beloved sculpture that had gone missing, someone returned it to their home.

Laura Dennis says the sculpture was a bit broken, but otherwise none the worse for wear.

The heartbreaking episode started when Dennis was picking some tomatoes Wednesday afternoon and she realized the family's front-lawn sculpture – a one-of-a-kind creature from the book Where the Wild Things Are – was missing.

The sculpture, inspired by the popular picture book, was created by Dennis' father-in-law, an artist who lives in Collingwood, Ont.

"Even those he's an artist and a sculptor, I didn't realize how fantastic it would be until the car pulled up. It was just meant to be a piece of art for us and our family and the neighbourhood. It's one of a kind," said Dennis.

"It's just a little whimsy on the street in a kid-friendly neighbourhood," she said. "That's not just a silly kid walking by on a whim. Whoever took it must have thought about it and planned it."

The concrete sculpture weighs at least 100 pounds, according to Dennis, and usually requires at least two people to move it. There's no drag marks, either. She speculates the thieves would have had a vehicle involved if it was moved far.

She took to social media to get it back. One of her posts was shared over 300 times.

The family had also filed a report with the Ottawa police.

"I keep thinking we might find him in the park later. But it's breakable and I worry about something happening to it," she said, before it was returned. "Hopefully someone feels ashamed enough to return it."

The only upside to the disappearance was that Dennis had a chance to find out how much the community enjoyed the sculpture.

"Neighbours and neighbours are commenting, people I don't even know, about how they walked by it and enjoyed it," she said. "I went to daycare this morning and was telling the story and a new mom went, 'That's your house? I walk by it all the time, we take that route to the park because it's got the wild thing.' The neighbourhoods really gotten involved."

City behind on tech: Councillor

Emma Jackson
Metro | Ottawa

Ottawa's lagging behind when it comes to adopting new tech in city planning, one councillor says.

Kanata South Coun. Allan Hubley said Ottawa staff should be looking at new, innovative ways of processing garbage, designing roads and building city infrastructure if the capital wants to keep its reputation as a technology hub.

"It's amazing what's going on around the world right now and we're not where I'd like us to be," Hubley said. "There are other cities getting ahead of us. We should be paying a lot more attention to this."

He has asked city staff to give details on how they're tracking the use of "emerging and disruptive technologies" that could save taxpayer dollars and potentially boost local tech companies.

From there, the gaps will be obvious and Hubley said he'll push harder for more fulsome research on specific sectors.

Garbage is a big one: while the city welcomed Plasco's plasma-based incinerator technology, a partnership that ultimately fell apart, staff didn't explore any other incinerator options, Hubley said.

Other municipalities and countries have already embraced them and are making money, he said.

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EQUALITY

Province reforms laws around parenthood

When Raquel Grand's wife was in the middle of a difficult childbirth five years ago, Grand realized that if she lost her partner that day she would not have the legal right to take their daughter home from the hospital.

Grand and her wife, who now have two daughters, are one of many LGBTQ families who fought against old Ontario laws that saw same-sex couples often required to adopt their own children.

They cheered the introduction Thursday of the All Families Are Equal Act, an government bill that would ensure all couples who use assisted reproduction to conceive, including the use of a surrogate, are legally recognized as parents.

It's "long overdue," said Attorney General Yasir Naqvi.

Several families launched a court challenge against the existing legislation, but settled it in June as the government pledged to give them equal rights with Thursday's legislation.

The government's legislation follows a private member's bill from New Democrat Cheri DiNovo, who said it was modelled on legislation passed in British Columbia in 2014, and similar bills have been approved in Alberta, Manitoba and Quebec.

"Whatever way it happens, we're just glad it has happened," DiNovo said Thursday.

Her bill was called Cy and Ruby's Law, named for the children of Jennifer Mathers McHenry and her wife Kirsti. They too experienced a difficult childbirth.

"There was a moment where Kirsti wasn't so sure either I was going to come home, and if I didn't, if she could bring our baby home, so that really drove home the degree to which the law puts families like ours in limbo," Jennifer Mathers McHenry said.

THE CANADIAN PRESS

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A raised and heated passenger platform, including a ramp, is one of many improvements planned for the Ottawa train station. COURTESY VIA RAIL

Station gets $21.7M reno

INFRASTRUCTURE

Via Rail marks anniversary of site with news

Adam Kveton
For Metro | Ottawa

Via Rail celebrated the 50th anniversary of the Ottawa train station Thursday by announcing $21.7 million in renovation plans.

Designated a heritage building in 1996 and named one of Canada's top 500 buildings of the last millennium, the station get a new glass elevator installed and a raised, heated passenger platform by fall of 2017, along with other work as part of a $20 million project.

Several of the planned renovations are to bring the station in line with accessibility standards, says a Via Rail release. Multiple elevators will provide access to the station's tunnel and boarding platforms.

However, an additional $1.7 million in federal funding will be put towards partial roof renovations and improvements to some systems.

While the NCC ultimately approved of Via Rail's design plans earlier this year, the board had asked Via Rail to look into providing passengers on outdoor platforms better protection from the elements by building a broader enclosure.

Neither the NCC nor Via Rail immediately commented on whether that suggestion had been considered or included in the design revealed Thursday at the station.

This upcoming work comes on the heels of a $5.4-million investment to install new escalators, renovations to washrooms, the business lounge and the parking facility, which have been underway since 2007. Via Rail said that work is expected to be finished by 2017.

Officials announced two new trains would be servicing the Ottawa-Toronto corridor per weekday, bringing the total departures to nine in each direction during the week. The new schedule is planned to start on Nov. 1.

IN BRIEF

Ontario minimum wage rising to $11.40 per hour

The minimum wage scheduled increase boosts the minimum wage from $11.25 to $11.40 hourly, and is the third consecutive annual increase.

The minimum wage for liquor servers rises from $9.80 per hour to $9.90. New Democrats have been calling on the provincial Liberal government to raise the general minimum wage to $15 an hour.

Labour Minister Kevin Flynn says right now Ontario's minimum wage is one of the highest in the country and the government will re-examine it in about two years. Alberta's NDP government recently announced that the minimum wage in that province would rise to $15 an hour by 2018.

THE CANADIAN PRESS

COMMUNITY

United Way campaign gives residents 'that sense of home'

Emma Jackson
Metro | Ottawa

J.P. Quinn would be "miserable as heck" if not for the United Way.

He joined United Way organizers Thursday for the launch of this year's community campaign.

The campaign hopes to raise $15.2 million to support 60,300 local residents.

Quinn knows the power of United Way to change a life.

The 67-year-old relies on a motorized scooter to get around, thanks to arthritic knees, and over the past 15 years he's found it harder to get out.

But then he got matched with volunteer Heather Hurley for weekly visits.

They hit it off, spending several hours each week drinking tea and chatting. They even take the odd field trip.

"We've become very, very close," Quinn said.

"I now call her the daughter I never had. It's really wonderful."

Quinn said he used to canvass his office for United Way donations, "but I never thought I would use it."

Now, without Hurley, he'd be "stuck at home, miserable as heck and, how shall we say, a very crusty old bachelor," Quinn said.

For Hurley, the visits are equally rewarding. She's not from Ottawa, but Quinn's like a living history textbook. He's helped her adapt to life in the capital.

"It helps me feel like I'm from here, it gives me that sense of home," she said.

The fundraising campaign wraps up in March 2017.

J.P. Quinn and Heather Hurley meet every week as part of the South-East Ottawa Community Health Centre's friendly visitor program. EMMA JACKSON/METRO

Police chief 'frustrated' by comments

RACISM

Online posts about late Inuk artist 'don't reflect' values

Adam Kveton
For Metro | Ottawa

Ottawa's police chief says he doesn't want the "inappropriate" comments of one officer to "undo the great work" done by the rest of the service.

Chief Charles Bordeleau made the comments in reaction to an Ottawa police officer's alleged online comments, which the chief said "have racial undertones."

According to reports, the derogatory remarks in question were made in the comment section of an Ottawa Citizen report on the death of Inuk artist Annie Pootoogook.

Though the comments have since been removed from the story, reports say the comments suggested Pootoogook was not murdered because, in the commenters' words, aboriginal people tend to have short life spans, and further speculated that alcohol might have been involved.

"The comments that were posted online by one of our members, they're inappropriate, they're wrong, they have racial undertones and they don't reflect the values of the Ottawa police service," Bordeleau said.

Nonetheless, he confirmed that the officer involved remains on duty, but without contact with the public.

"We've taken swift action, we're investigating (the comments)," Bordeleau said.

"I've reached out to aboriginal leaders in our community to express my regret that those comments were posted."

Ottawa Police Chief Charles Bordeleau. EMMA JACKSON/METRO

ROBBERY

Thieves who assaulted dispensary worker sought

Ottawa police are looking for two suspects after a medical marijuana dispensary near the Bytowne Cinema was robbed — and one of their employees assaulted — on Sept. 6.

The marijuana shop, located along the 300 block of Rideau Street, was in the process of closing at around 11:35 p.m. when an employee was rushed by two male suspects, pushed to the ground, assaulted and then confined to a room, according to police.

Anyone with information regarding this robbery is asked to call the robbery unit at 613 236 1222 ext. 5116 or call Crime Stoppers.

ADAM KVETON/FOR METRO

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New ideas to help refugees

GOVERNMENT

Syrians face barriers to finding jobs in communities

With more than 30,000 Syrian refugees facing serious barriers to employment and integration in Canada, the federal government is searching for fresh ideas to help newcomers join their communities and the labour force.

Documents posted by Immigration, Refugees and Citizenship Canada Thursday show the department is planning to spend as much as $250,000 for new studies on how best to integrate Syrian refugees into their new community.

"It is well documented that newcomers face a number of barriers in finding employment that is commensurate with their skills and experience. Refugees, in particular, may have more difficulty integrating into the Canadian labour market when compared to other categories of immigrants," the documents read.

Canada had accepted 30,000 Syrian refugees by the end of July.

While the Liberal government received praise for rapidly bringing in more refugees, there is growing concern that providing services and support for newcomers will be as big a logistical challenge.

In the documents released Thursday, the department acknowledged some of those concerns, particularly around supporting Syrian youth.

Those youth will be specifically targeted for new programs, with the government looking at how best to integrate children into a new school environment, or even a mobile app to advertise services and resources.

The documents suggest that the government also wants to address social integration into Canada. One study will look into how best to broach discussions with Syrian families on issues like domestic violence, gender equality, and LGBTQ rights.

TORSTAR NEWS SERVICE

Catherine, Duchess of Cambridge and Prince William, Duke of Cambridge with their children, Charlotte and George, at a children's party in Victoria, B.C. GETTY IMAGES

Princess Charlotte, 16 months old and ambling like a toddler, loved the colourful balloons. GETTY IMAGES

VICTORIA, B.C.

Royal toddlers steal the show at kids' party

It was bunnies, bubbles and balloons at a garden party Thursday in Victoria where Prince George and Princess Charlotte made their second public appearance during the royal tour of the Duke and Duchess of Cambridge.

Princess Charlotte, 16 months old and ambling like a toddler, bee-lined for some colourful balloons before climbing into her mother's arms to spend time in a petting zoo with goats, rabbits, sheep and miniature horses.

The princess also uttered her first word in public, according to media reports. 'Pop,' she reportedly said to her dad William while playing with balloons.

Prince George, 3, dressed in red shorts and a blue sweater, held his father's hand, but towed his dad towards a bubble-making display where it didn't take him long to get hold of a squirt gun and start blasting out bubbles.

The royal play date was held in a secluded, tree-sheltered green space at Victoria's Government House, where the duke and duchess and their children have been staying on their week-long visit to B.C. and the Yukon. Musicians, puppeteers and entertainers sporting brightly-coloured costumes wandered the grounds.

The party with the royals was held for the children and families of military service members who have experienced deployment.

THE CANADIAN PRESS
WITH FILES FROM METRO

Prince George of Cambridge plays with bubbles.
GETTY IMAGES

ISRAEL

Trudeau leads delegation for Peres

A Canadian delegation headed by Prime Minister Justin Trudeau has arrived in Israel for the state funeral of Shimon Peres, the former Israeli president and prime minister.

Trudeau was joined by former prime minister Jean Chretien, Foreign Affairs Minister Stephane Dion and interim Conservative leader Rona Ambrose.

Also in tow was Rafael Barak, Israel's ambassador to Canada, and representatives of Canadian advocacy groups such as the Centre for Israel and Jewish Affairs, B'Nai Brith Canada and the Canadian Jewish Political Affairs Committee.

The Canadian delegation arrived in Israel early Friday for the funeral of Peres, who died Wednesday at age 93.

They were expected to be joined for the service in Jerusalem later Friday by former prime minister Stephen Harper, who opted for a commercial flight instead of travelling with Trudeau's delegation. THE CANADIAN PRESS

ASSISTED DYING

Denial of funerals 'monstrous'

Kevin Maimann
Metro | Edmonton

New guidelines from the Catholic Bishops of Alberta and the Northwest Territories that call on priests to deny funerals to some who have assisted suicide are intolerant, say critics.

"It's a really monstrous and sanctimonious decision," said Brad Peter, the Edmonton spokesperson for advocacy group Dying With Dignity Canada. "It ultimately fails to show any respect to the church's membership who are the most vulnerable, who are the people with grievous and irremediable illnesses."

The Bishops document, released Thursday, calls physician-assisted death a "grave sin" that contradicts the teachings of the Catholic church.

It says priests should weigh the circumstances of each funeral request, but those for high-profile assisted deaths should be refused.

It also says families who want to celebrate the assisted death decisions of their loved ones should be denied church funerals.

The document seems to contradict a 2014 Ipsos Reid poll that was commissioned by Dying with Dignity Canada, which showed 83 per cent of Catholics support legalized assisted dying.

"It also just highlights the total disconnect that exists between the church leadership and the church membership," Peter said.

"I think ultimately the issue the church has with this comes from the idea of the sanctity of life, but it should be up to every individual to define how to best respect the sanctity of their life."

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People are treated for their injuries after a train crashed into the platform at Hoboken Terminal on Thursday in Hoboken, New Jersey. AFP/GETTY IMAGES

Chaos in Hoboken station

CRASH

One person succumbed to injuries; 74 hospitalized

A rush-hour commuter train crashed through a barrier at the busy Hoboken station and lurched across the waiting area Thursday morning, killing one person and injuring more than 100 others in a grisly wreck that renewed questions about whether long-delayed automated safety technology could have prevented tragedy.

People pulled chunks of concrete off pinned and bleeding victims, passengers kicked out windows and crawled to safety, and cries and screams could be heard in the wreckage at the station just across the Hudson River from New York City as emergency workers rushed to reach commuters in the tangle of twisted metal and dangling wires.

The New Jersey Transit train ran off the end of its track as it pulled into the station, smashing through a concrete-and-steel bumper. It apparently knocked out pillars as it ground to a halt in the waiting area, collapsing a section of the roof onto the train.

"All of a sudden, there was an abrupt stop and a big jolt that threw people out of their seats. The lights went out, and we heard a loud crashing noise like an explosion" as the roof fell, said Ross Bauer, who was sitting in the third or fourth car when the train entered the station, a bustling hub for commuters heading to New York City. "I heard panicked screams, and everyone was stunned."

> **All of a sudden, there was an abrupt stop and a big jolt that threw people out of their seats.**
> Ross Bauer

The train's engineer was pulled from the mangled first car and hospitalized in critical condition. He was co-operating with investigators, Gov. Chris Christie said.

A woman standing on the platform — identified as Fabiola Bittar de Kroon — was killed by debris, and 108 others were injured, mostly on the train, Christie said. Seventy-four of them were hospitalized, some in serious condition, with injuries that included broken bones, bumps and gashes.

"The train came in at much too high rate of speed, and the question is: 'Why is that?'" Christie said. New York Gov. Andrew Cuomo said investigators will determine whether the explanation was an equipment failure, an incapacitated engineer, or something else.

Some witnesses said they didn't hear or feel the brakes being applied before the crash.

The National Transportation Safety Board sent investigators. Among other things, they will want to know whether the engineer was distracted or fatigued, said Bob Chipkevich, former head of the agency's train crash investigations section.

Investigators were working to extract the two black-box data recorders that would show how fast the train was going.

None of NJ Transit's trains is fully equipped with positive train control, a safety system designed to prevent accidents by overriding the engineer and automatically slowing or stopping trains that are going too fast. Positive train control relies on radio and GPS signals to monitor trains' positions and speed. THE ASSOCIATED PRESS

SAN DIEGO

Refugee's mom calls for peace

The mother of an unarmed black man shot to death in a confrontation with police in a San Diego suburb this week called for peaceful protests Thursday and said her son did not deserve to die.

Alfred Olango "was a good, lovely young man," said the mother, Pamela Benge. "I wanted him to enjoy his daughter."

She said she and her family came to the U.S. from war-torn Uganda 25 years ago when Olango was a teen and just wanted to be safe.

"How painful it is to lose a loved one that you have embraced through struggling," Benge told reporters.

She mentioned similar shootings of black men around the country by police officers but said she never thought one of the shootings would directly affect her, calling on people who protest her son's killing to embrace non-violence.

"I am always for peace, I don't want war," she said.

Olango, 38, was shot and killed Tuesday by police in El Cajon after pulling out an electronic cigarette, known as a vape pen, from his pocket and pointing it at the police officer who fired, while a second officer stood nearby trying to subdue him with a stun gun, according to police. A family attorney said Olango was having an emotional breakdown over the recent death of his best friend. THE ASSOCIATED PRESS

Alfred Olango
THE ASSOCIATED PRESS

POLICE

Graphic video of boy's shooting released

After a police body camera captured two deputy city marshals firing on a car and killing a 6-year-old boy, the head of the Louisiana State Police said the video was the most disturbing thing he's seen. A year later, the public is getting a look at the graphic footage. The judge presiding over the murder cases against the two deputies allowed reporters to make copies of the tape after a hearing where it was introduced as evidence. THE ASSOCIATED PRESS

SOCIAL MEDIA

Pennsylvania mayor asked to resign after racist Facebook posts

The mayor of a small central Pennsylvania town is being asked to resign over racist posts on his Facebook page, including two depicting apes with captions referring to U.S. President Barack Obama and his family, and one referring to lynching.

One image from June on the Facebook page of West York Mayor Charles Wasko is of a wagon or wheelbarrow full of orangutans, including the caption, "Aww ... moving day at the Whitehouse has finally arrived." The wheelbarrow has the slogan "Kenya or bust" on it.

A picture of a grinning chimpanzee doesn't have a caption, but a comment posted on the mayor's page Feb. 14 says, "Most think it is Obama's picture.....sorry its Moochelles baby photo" — an apparent reference to first lady Michelle Obama.

Wasko was elected mayor of the borough of about 4,500 residents, about 100 miles west of Philadelphia, in 2013.

Council members on both sides of the political aisle called for Wasko to resign after the York Dispatch first reported the posts Wednesday.

Reached by phone Thursday, Wasko said he is the victim of a "witch hunt," and would provide more details at a later time. He then hung up.

Sandra Thompson, who heads an NAACP office in the county, said the posts were "obviously ignorance and racism."

Now that they are aware of the posts, "we will be seeking to take action," Thompson said. THE ASSOCIATED PRESS

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Deal to reduce oil output greeted with skepticism

ENERGY

Producers still need to agree on how much each one cuts

Canada will certainly benefit if the world's biggest oil producing countries move to restrict production, but skepticism exists on whether they will follow through on their promises.

"Assuming they stick to it, and that's a big if, it should support oil prices," said Benjamin Reitzes, senior economist at BMO Capital Markets. "The competition producing a little less is always good."

But many analysts noted that the deal by the 14-member Organization of Petroleum Exporting Countries in Algeria on Wednesday was merely an agreement to look at possibly cutting production to between 32.5 million and 33 million barrels a day.

The world's biggest oil producers have agreed they need to reduce production to boost oil prices. THE ASSOCIATED PRESS FILE

That would be down from August's production rate of 33.2 million barrels a day — but it would shave only 700,000 barrels a day, some two per cent of overall production.

Crude oil was selling for more than $100 US a barrel in the summer of 2014, before bottoming out below $30 US a barrel in January. That fall largely came from a boom in U.S. shale oil production and countries like Saudi Arabia choosing to continue to pump to hold onto market share.

$100

The price of a barrel of crude oil in the summer of 2014, before it bottomed out below $30 this January.

Few in Alberta are celebrating OPEC's surprise move. That's because the members still need to hammer out details on country by country production rates at its November meeting, so any production cut won't be implemented until late this year at the earliest.

Reitzes said any rise in oil prices will help Canada, but he cautioned that if oil prices rise above $50 US a barrel, then U.S. shale producers might ramp up their production, adding to supply. By contrast, Canadian oil sands companies face much higher costs to get oil out of the ground to be profitable.

Colin Cieszynski, chief market strategist at CMC Markets, said there is skepticism about whether OPEC members will hold to a commitment.

It has been eight years since the countries restricted production — and it looks like they are moving toward being on the same page, he said.

"But even if they get an agreement, often times, producers cheat," Cieszynski said. "It's a first stage. It's the beginning of a process, not the end."

TORSTAR NEWS SERVICE

CLOTHING

Japanese retailer coming to Canada

When Japanese apparel retailer Uniqlo decided to open its first location in Canada, it sent Yasuhiro Hayashi to Toronto every month for nearly a year to get a read on the Canadian customer.

Unlike competitors that aim for a particular demographic, Uniqlo is hoping its appeal-to-all business model will succeed in a cutthroat industry that has laid waste to some fashion retailers, such as Aeropostale and Danier Leather.

"We don't have a specific target customer," said Hayashi. "That's our uniqueness. We say we are made for all."

The company is opening its first store in Canada on Friday, a 28,000-square foot space in the Toronto Eaton Centre wedged between fast-fashion rival H&M and the newly arrived luxury retailer Nordstrom. A second store opening is planned for Oct. 20 at Yorkdale Shopping Centre in north Toronto.

Founded in 1974, Uniqlo is known for its array of affordable basics in a variety of colours and sizes for children and adults.

THE CANADIAN PRESS

IN BRIEF

Washers draw safety alert

The U.S. Consumer Product Safety Commission is advising people who bought certain Samsung washing machines to only use the delicate cycle when washing bedding, water-resistant and bulky items over concerns they could become dislodged.

THE CANADIAN PRESS

market minute

DOLLAR 76.05¢ (– 0.23¢)

TSX 14,754.55 (+23.12)

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GOLD $1,326 US (+$2.30)

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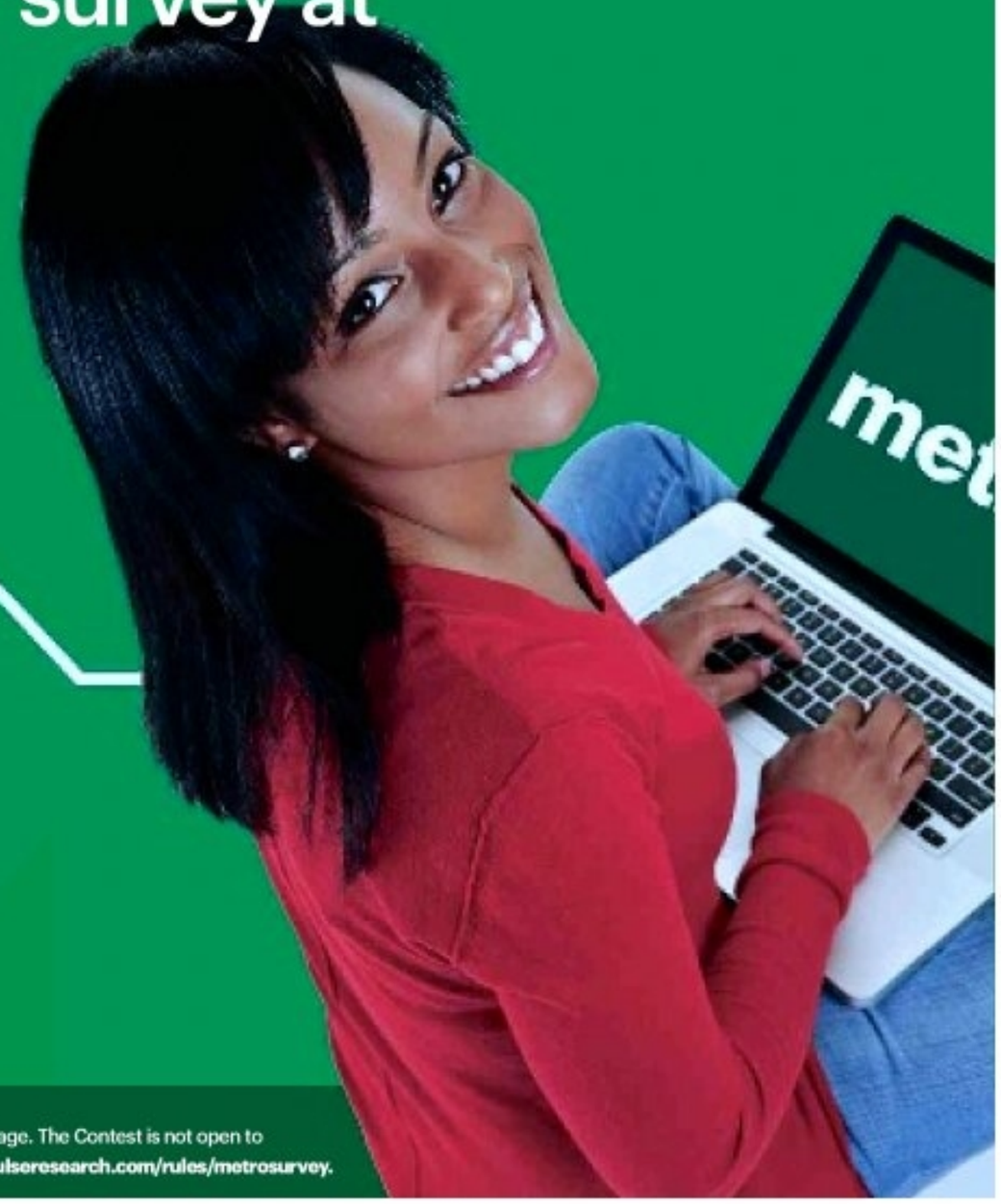

*One winner will receive a cash prize of $5,000. No purchase necessary. Contest is open to residents of Canada who are at least 18 years of age. The Contest is not open to residents of the province of Quebec. The Contest runs September 19, 2016 to October 31, 2016. Full rules and regulations can be found at pulseresearch.com/rules/metrosurvey.

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metro SCIENCE
Your essential daily news

News hook: 27,000-year-old fishhooks — the world's oldest — have been found in Okinawa, Japan

DECODED by Genna Buck and Andrés Plana

A PORTABLE PATHOLOGIST ON MARS

It's 2039. You and your astronaut friends have come down with a mysterious sickness on Mars — high fever and a strange red rash. Sending samples all the way back to Earth for testing would take years. What microbe managed to hitch a ride all this way? Or did you pick up an extra-terrestrial pest? Thankfully, there's a way to find out: Since 2016, **DNA sequencing has been possible in space.**

DEFYING GRAVITY

It wasn't clear DNA sequencing would ever be possible at very low gravity. Until recently, the equipment was too heavy and fragile to use in space. Now, a sequencer weights less than 120 grams and its data can be crunched on a slim 12-inch tablet computer. **This opens a portal to all sorts of cool science:**

The genetic changes of plants and animals bred for experiments in space can be tracked over generations: No need to send samples to Earth.

Sequencing can identify microbes contaminating a spaceship or its food and water supplies.

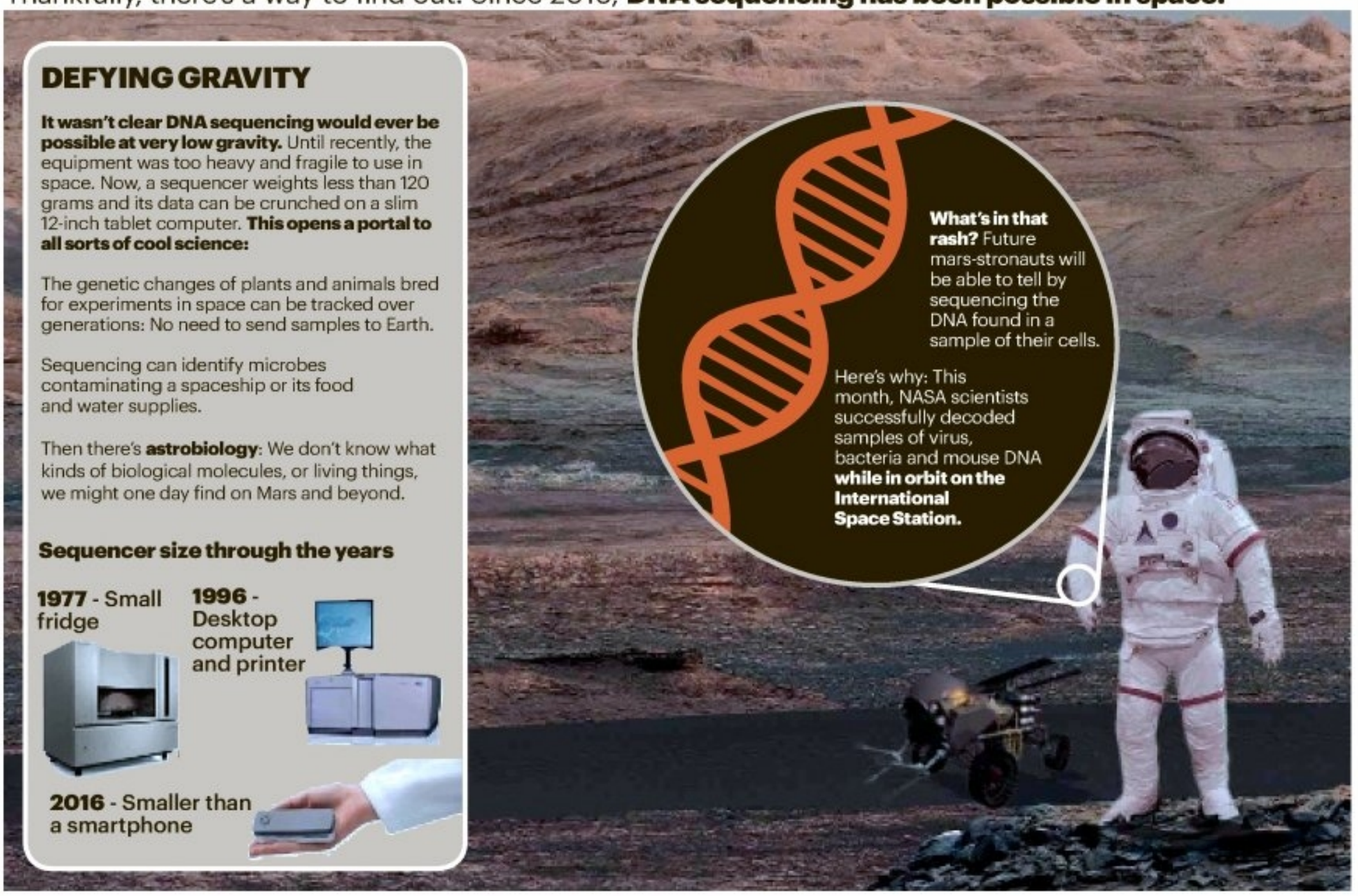
Then there's **astrobiology**: We don't know what kinds of biological molecules, or living things, we might one day find on Mars and beyond.

Sequencer size through the years

1977 - Small fridge

1996 - Desktop computer and printer

2016 - Smaller than a smartphone



What's in that rash? Future mars-stronauts will be able to tell by sequencing the DNA found in a sample of their cells.

Here's why: This month, NASA scientists successfully decoded samples of virus, bacteria and mouse DNA **while in orbit on the International Space Station.**

FINDINGS
Your week in science

ISTOCK

REEF RELIEF
Things are getting better down where it's wetter, says the Australian government. Significant strides have been made to protect the Great Barrier Reef, including better water quality and lower-impact dredging — 29 of 151 conservation measures promised by 2020 are done.

BEES HAPPY
Insects, says a new study in the journal Science, have emotions, sort of. Honeybees fed sugar-water show more "motivation" to complete tasks because they're "hoping" for more sweets.

SOUND SMART

ETIO PATHO GENESIS

DEFINITION
Etiopathogenesis is the cause and development of a disease or syndrome. It's a combination of **etiology** (cause) and **pathogenesis** (the chain of events in the body that leads to a certain disease).

USE IT IN A SENTENCE
The **etiopathogenesis** of Deborah's bad breath included a case of gum disease and colonization of her tongue of bacteria that produce sulphur compounds.

CITIZEN SCIENTIST by Genna Buck

Dangerous or not? Deodorant edition

Does antiperspirant that contains aluminum cause Alzheimer's disease?
— Emina, Winnipeg

Man, this one has been going around for a while. I've always hoped it wasn't true, because I like my aluminum-containing antiperspirant and find that "natural" deodorants, well, stink.

Aluminum is eight per cent of the earth's crust. We're exposed to it through tap water, soil, food, dust in the air, and in minor amounts in food packaging. Changing what you roll on your armpits won't change that.

Aluminum does have a relationship with Alzheimer's, but not the way you might think if you've been reading Naturalcosmeticsnews.com ("Deodorants contain a slew of toxic chemicals!") or Food Babe ("Throw this out of your cabinet immediately!").

Animals exposed to very high doses of aluminum develop an Alzheimer's-like syndrome, and Alzheimer's patients have higher-than-normal aluminum levels in their blood plasma and brains.

But neither scientific studies nor regulatory agencies have ever found evidence that typical levels of aluminum exposure increase the risk of Alzheimer's.

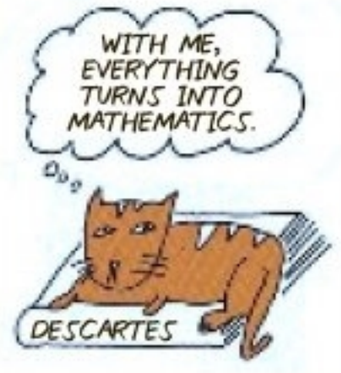
So what's up? For one thing, we absorb less than one per cent of the aluminum we're exposed to. One study found no neurobehavioural changes among welders exposed to fairly high levels of aluminum every day for four years. If the metal caused Alzheimer's, we'd expect to see symptoms increase as exposure increases: Not so.

Here's what might be going on, according to a 2013 article in the Journal of Alzheimer's Disease: "The genetic component of AD apparently involves a susceptibility gene, yet to be identified, that increases aluminum absorption."

Aha. This brings us to an old standby of science truisms. Just because variables seem to be related, it doesn't mean they have a cause and effect relationship. Usually it's more complex.

Science Question?
Tweet @genna_buck

PHILOSOPHER CAT
by Jason Logan



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MOVIES MUSIC TELEVISION DIGITAL

You understand more about why Roman and Lucy are the way they are by living in that kind of environment
Tatiana Maslany, about filming in Nunavut

Tatiana Maslany and Dane DeHaan play star-crossed lovers in the arctic in Two Lovers and a Bear. "She can't live without him and can't be with him," she tells Metro, of her character. CONTRIBUTED

Tatiana Maslany is on top of the world

TWO LOVERS AND A BEAR

Emmy winner's arctic-set film part thriller, part love story

Richard Crouse
For Metro Canada

Just before Tatiana Maslany flew to Los Angeles to accept an Emmy Award for outstanding lead actress in a drama series for Orphan Black I asked her what she's been doing lately.

"I filmed the movie Stronger and since then I've been chillin' hard," she laughed.

The Regina-born actress may have taken some downtime over the summer, but that's likely the last time off she'll see for the foreseeable future. Right now she defines the term 'in demand,' enjoying the kind of popularity usually reserved for the very top of the A-list. Her Emmy win lit the internet on fire, earning millions of mentions that made her the most talked-about person on Facebook and Twitter that night.

Currently she is shooting the last season of Orphan Black and has three movies set for release, including Stronger opposite Jake Gyllenhaal and next weekend's Two Lovers and a Bear.

The Nunavut-shot film focuses on star-crossed lovers Lucy and Roman, played by Dane DeHaan and a talking bear. Veteran actor Gordon Pinsent lent his kindly voice to the polar bear, but Maslany says she was scared of Agee, the full-size adult female who played the carnivorous title character.

"She can smell women and doesn't like them," Maslany said of the bear who stands over seven feet when on her hind legs.

Maslany doesn't want to discuss the movie's twists and turns. Instead she'd like audiences to enjoy the story the way she did when she was offered the part of Lucy.

"I didn't know what to expect at any moment when I read the script. It would flip from this very heavy romance to comedy and it sort of feels like sci-fi or a thriller at the end."

Maslany will say her character has "a restlessness to her spirit and a need to find some stillness and peace and a desperate love of Roman. She can't live without him and can't be with him."

Filmed over the course of six weeks on locations in Nunavut, the shoot for Two Lovers and a Bear was often unforgiving. "Our stills photographer lost chunks of his nose (due to the cold)," she says, but adds that shooting in the isolated location was invaluable to her performance.

"Just as having a real polar bear there," she says, "being in the actual environment is so much easier and telling and informing in terms of character and how you move through the world. You understand more about why Roman and Lucy are the way they are by being there and living in that kind of environment. You see how two people could need each other so desperately and be the only thing the other has."

"There are such vibrant youth there. It was really cool to be part of the community. I got to meet and be part of it and see their artwork. At the same time there are a lot of issues up there in terms of things from years back and systemic things. It has this bizarre duality to it."

"I loved it up there," she says. "I would go back in a heartbeat."

BASED ON TRUE EVENTS

Deepwater Horizon victims' families react to film screening

Arleen Weise was apprehensive when she learned Hollywood was making a movie about the offshore explosion that killed her son, Adam, and 10 other men aboard the Deepwater Horizon drilling rig.

Watching an advance screening of the action film last month stoked her grief and anger, and the shock hasn't quite worn off yet. Weise said she's still struggling to decide how she ultimately feels about how Deepwater Horizon portrays the last day of her son's life before he died in the explosion off Louisiana's coast.

"The first viewing of it is shocking for a family member to see that," she said. "Hearing and seeing are always two different things."

While their reactions to the movie vary, Weise and other relatives of the 11 workers who died in the April 20, 2010, rig explosion hope it will remind people about the disaster's human toll. Many family members believe a focus on the catastrophic environmental damage from BP's massive oil spill in the Gulf of Mexico unjustly overshadowed their loved ones' deaths.

"They just swept the 11 men under the rug," Weise said.

> **It is so real to us that it hurts to experience it over and over again.**
> Shelley Anderson

The movie, directed by Peter Berg and starring Mark Wahlberg, Kurt Russell and Kate Hudson, is set for release Friday.

The screenplay is based in part on an article by New York Times reporters who interviewed survivors of the blast, which led to the nation's worst offshore oil spill.

Berg reached out to family members after news of the production surfaced. "I know how personal this story is to you," he wrote in a letter to Shelley Anderson, the widow of Jason Anderson. "The film is meant to honour and pay tribute to all the men and women who worked aboard the Deepwater Horizon, especially the heroic men, like Jason, who lost their lives."

Anderson believes Berg succeeded in honouring the 11 men. She said the actor who plays her husband captured some of his mannerisms, like the ways he crossed his arms or told a joke. But she had to close her eyes at times, and she burst into tears at others.

Anderson, of Midfield, Texas, said her 7-year-old son, Ryver, who was 15 months old when his father died, recently saw a trailer for the movie on television and asked, "Is that when daddy died?"

"Now he's going to remember seeing it on TV. I don't like that," she said.

"It is so real to us that it hurts to experience it over and over again."

Relatives said photographs of the 11 men are shown on screen at the end of the movie. Besides Anderson and Adam Weise, they were Aaron Dale Burkeen, Donald Clark, Stephen Ray Curtis, Gordon Jones, Roy Wyatt Kemp, Karl Kleppinger Jr., Keith Blair Manuel, Dewey Revette and Shane Roshto. All 11 men are portrayed by actors in the movie.

THE ASSOCIATED PRESS

When Big Oil is watching you

INTERVIEW

Peter Berg's woes making Deepwater Horizon

Steve Gow
For Metro Canada

There is one major obstacle when making a movie about the largest oil spill in human history — the giant conglomerate deemed largely responsible for the disaster.

"I never in my life had to deal with so many f—g lawyers," admitted filmmaker Peter Berg while promoting Deepwater Horizon at the Toronto International Film Festival — a drama that humanizes the explosion aboard the eponymous BP-leased offshore oil rig that eventually polluted over 1,000 miles (over 1,600 kilometres) of shoreline along the Gulf of Mexico.

"I've never felt like I better watch my back like I did with this film."

Mark Wahlberg plays rig worker Mike Williams in this true telling of the Deepwater Horizon disaster. CONTRIBUTED

Indeed, even though Berg's movie "wasn't even attacking BP," his story about the survivors who escaped the fiery disaster still bristled with the oil company and caused many cryptic complications and cancelled contracts that stalled production.

"The flipside of that was because it was real, it was inspiring to me," said Berg.

The movie was also inspiring to Kurt Russell, who stars as the brave crew chief who helped lead all but 11 workers to safety during the tragedy.

"There's more at stake when you're playing somebody that existed," explained Russell whose own challenge included portraying Jimmy Harrell based on co-workers' recollections after failing to directly contact his cinematic alter-ego.

"I know that if someone was going to play me, I would've said 'Why don't you call me on the phone?,'" said Russell.

"So if someday Jimmy Harrell says, 'Why didn't you call me?' — I'll say, 'I tried!'"

Of course, the marquee star of the film is Mark Wahlberg who has now made three movies with Berg (after other true-life thrillers Lone Survivor and the forthcoming Patriot's Day, about the 2013 Boston Marathon bombing).

Although the pair have clearly struck a chord, perhaps it's the mutual respect of telling true working-class stories that has forged their deepest bond.

"Mark and I have developed a real deep, deep friendship and we love working together," said Berg.

"For us, to have fun about something real gives me more inspiration, makes it easier to get up a 4:30 in the morning and work for 17 hours and do all this — because I know I've touched reality."

STARS SPEAK

On the portrayal of real people: "You have an obligation to capture at least the essence of that person," said Kurt Russell. "Right from the first script, it was apparent that this guy was a really decent man who was just trying to do the best that he could for his crew."

On navigating a legal minefield: "The fact that we had to deal with lawyers made me feel like we were putting our hands on something real," said Peter Berg of the drama's surveillance. "But that also means we had to have lawyers making sure we don't get too real."

On the collaboration of cinema: "(Whether) you're the makeup man or pulling cable or if you're an actor, you should be involved and invested," said Kurt Russell.

Forced to make movies for Kim Jong-il

LOVERS AND THE DESPOT

Doc tells story of kidnapped filmmaker, actress

Steve Gow
For Metro Canada

When Ross Adam and Robert Cannan first stumbled on a fascinating true story of a famous filmmaker and actress kidnapped and stolen into North Korea under dictator Kim Jong-il's orders, they knew they'd found gold.

"It's one thing knowing a great story exists. It's another finding a way to tell the story," said Adam recently about the British directing duo's latest documentary. "Especially with North Korea being such a secretive place."

As Adam and Cannan uncover in The Lovers and The Despot, the late-autocrat of the infamously impenetrable dictatorship captured South Korean filmmaker Shin Sang-ok and his thespian wife in the 1970s and forced them to churn out 17 movies before the pair dodged the tyrant's internment.

"There wasn't a wealth of material in the beginning," recalled Adam of the challenging espionage tale that's still scrutinized today.

"It wasn't until we found there was more than one secret tape recording — there was a whole treasure trove of them that we realized this film can really be made."

The tapes in question refer to covert cassettes in which Shin recorded revealing conversations with the dictator — who, among other things, implicates his guilt in their confinement as his own personal moviemaking squad.

"You don't necessarily expect him to talk openly, particularly to people that he just kidnapped," laughed Cannan.

However as much as those recordings reveal Kim Jong-il's duplicity, they also reveal a man who was aware of his own shortcomings and completely obsessed with Hollywood movies.

Indeed, the rare audio clips unspool an unnerving portrayal of one obscure oppressor that will surely intrigue curious Canadian audiences.

South Korean filmmaker Shin Sang-ok, left, and actress Choi Eun-hee, right, were kidnapped by Kim Jong-il in the 1970s and forced to make 17 movies for the dictator. CONTRIBUTED

"The fact that he had such an insular upbringing and the kind of warped childhood is something you might expect but it was still surprising to us," said Adam.

"While it shouldn't engender sympathy for him, there's a tragic explanation how he came to be the man he is — which is this curiously whimsical guy who is equally power hungry and willing to do anything to consolidate his power."

The Lovers and The Despot opens today in select theatres and is available now on iTunes.

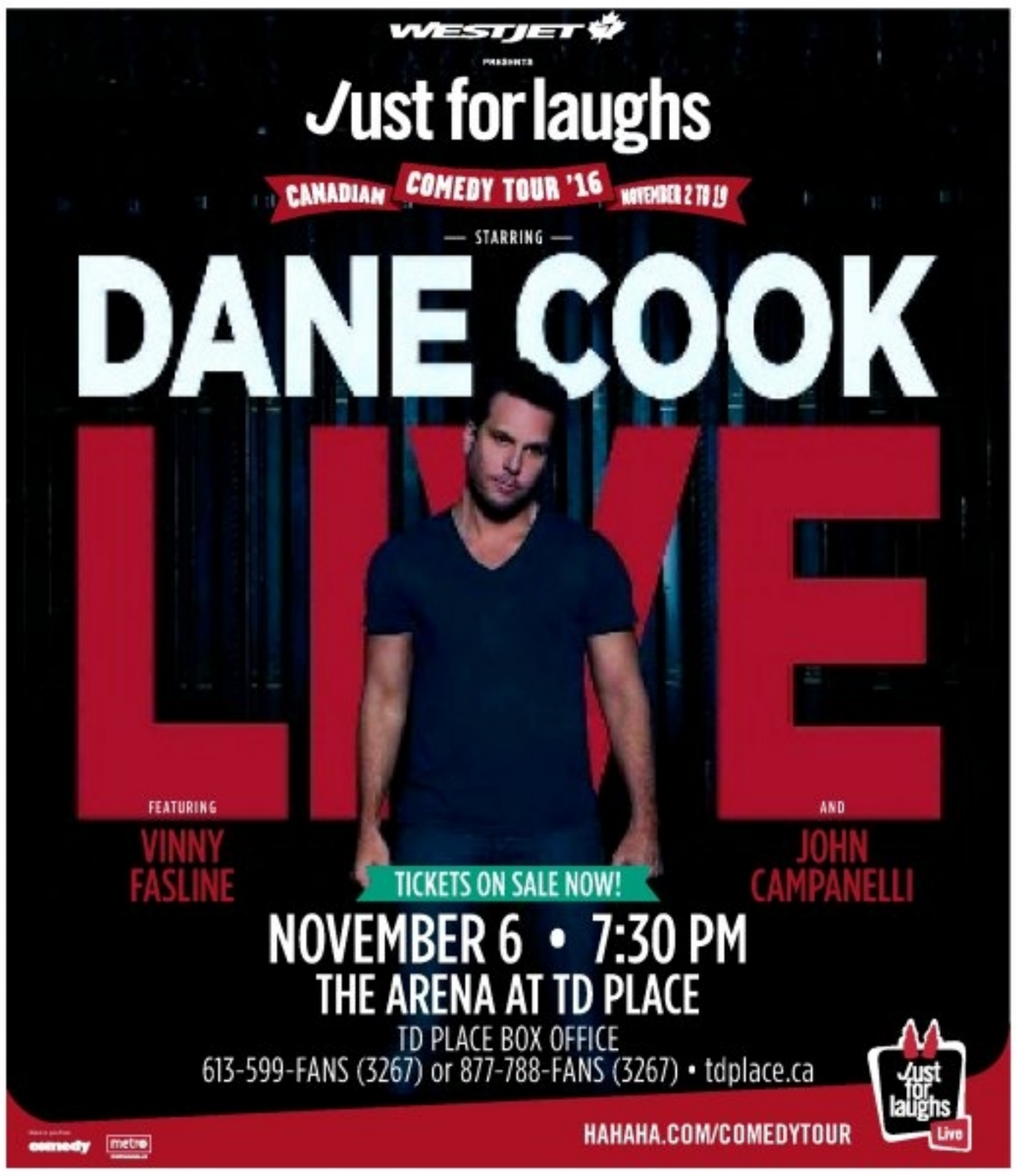
MOVIES

Drawn to a despot

"Partly what attracted us to North Korea is the terrible beauty of North Korea," said Cannan of the duo's attraction to explore the dictatorship. "It's this mystery, how is this still continuing today (and) how can a place like this exist?"

A shady story?

Many South Koreans still believe Shin was compliant with the kidnapping. "That may be because most people haven't heard key bits of the tapes," said Cannan. "But there are plenty of reasons why they would be suspicious."



ZACH GALIFIANAKIS IS THE PAWN
OWEN WILSON IS THE BRAINS
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Another ode to the world's misfits

INTERVIEW

Tim Burton has always been attracted to outsiders

Richard Crouse
For Metro Canada

Visionary Tim Burton values his time alone.

One writer called the director of Pee Wee's Big Adventure, Beetlejuice, Batman, Edward Scissorhands and this weekend's Miss Peregrine's Home For Peculiar Children, "the most widely embraced loner in contemporary cinema."

"I always try to at least spend time, as much as I can everyday, staring out into space; staring out a window," Burton says.

"I find that sometimes you get the most ideas and the most feelings when you're not involved in things you have to do everyday; especially these days when technology is such that you can be reached any time. I try and avoid that."

> **I feel very close to those characters. I really do.**
> Tim Burton

Unsurprisingly, as a filmmaker, the characters he champions tend to echo his sensibility.

From warped Mad Hatter in his Alice in Wonderland to the grieving child in Frankenweenie who reanimated a dog's corpse, Burton's heroes are often misfits and outsiders.

From his debut, Pee-Wee's Big Adventure, Burton has showcased people on the fringes of society.

"You don't wanna get mixed up with a guy like me," says man-child Pee-Wee (Paul Reubens).

"I'm a loner. A rebel."

Loosely based on Vittorio De Sica's classic film Bicycle Thieves, Burton's story sees Pee-Wee on a mission to retrieve his stolen fire engine-red customized 1940s Schwinn.

David Letterman was a fan, describing the anti-social character as having, "the external structure of a bratty little precocious kid, but you know it's being controlled by the incubus, the manifestation of evil itself."

In his next film, Burton breathed life into Beetlejuice's rancid lungs.

In the haunted-house comedy Beetlejuice Michael Keaton plays a "bio-exorcist" with crazy hair, giant teeth and an attitude, hired by two ghosts to scare away the insufferable new owners of their old house.

"I think Beetlejuice shows the complete positive side of being misperceived and being categorized as something different," Burton says.

"He can do whatever he wants! He's horrible and everybody knows it, so he's a complete fantasy of all of that."

Burton's two greatest misfits, his most intrepid folks on the outside looking in, are the off-kilter Eds — Ed Wood and Edward Scissorhands.

Edward Scissorhands is the strange-but-sweet story of a man with scissors for hands.

The first collaboration of Tim Burton and Johnny Depp, the movie is a funny, romantic and moving fantasy was inspired by a sketch Burton created as a teenager.

"One look at that drawing was all I needed to understand what Edward was about," says Depp.

Tim Burton's latest imagining is Miss Peregrine's Home For Peculiar Children. CONTRIBUTED

MOVIE RATINGS by Richard Crouse

Deepwater Horizon ★★★	HOW RATING WORKS
Miss Peregrine's Home For Peculiar Children ★★	★★★★ SEE IT
Imperium ★★★	★★★ WORTHWHILE
The Lovers and the Despot ★★★	★★ UP TO YOU
	★ SKIP IT

"I felt very tortured as a teenager," says Burton.

"That's where Edward Scissorhands came from. I was probably clinically depressed and didn't know it."

Ed Wood, played by Depp in the film of the same name, is the story of one of Hollywood's great outcasts.

Wood wrote, produced and directed low-budget anti-classics like Plan 9 from Outer Space and Glen or Glenda. Burton says he was a fan of Wood's films and after reading some of the director's letters was touched by how Wood "wrote about his films as if he was making Citizen Kane, you know, whereas other people perceived them as, like, the worst movies ever."

Burton links his best-known creations, labelling them as "semi-antisocial, (having) difficulty communicating or relating, slightly out of touch."

"I feel very close to those characters.

"I really do. I feel like they are mutated children," he adds.

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Planning for Peru

FROM A GREAT HEIGHT
The altitude difference is extreme from North America to Peru. It gets as high as 14,000 feet in Cuzco, but drops to 8,000 in Machu Picchu and the surrounding area. Consult a doctor about altitude medication, or when you arrive in Peru, drink lots of water, eat lightly, avoid alcohol and don't exercise for at least the first 24 hours. Many hotels offer oxygen for those suffering from altitude sickness.

ISTOCK

According to our tour guide, the number one thing North Americans want to see in Peru is "what's next." While his joke speaks to the trouble some of us have in shaking off our strict agenda-focused mindset, Peru is one place where it is better to have an extremely detailed plan. **KATHY BUCKWORTH/FOR METRO**

My Type-A personality was pleased to have a day-by-day itinerary provided by the tour group taking us to Machu Picchu, particularly as we got caught in a farmer's strike.

While this necessitated last-minute changes, it would have been far more difficult to navigate without a blueprint.

Machu Picchu is one of the Seven Wonders of the World and 3,000 people pass through it daily, but getting there is not easy. The most direct route is to fly from Lima to Cuzco, take a bus to the village of Ollantaytambo in the Sacred Valley and then the train to Machu Picchu.

The train must be booked months in advance. The 90-minute journey is beautiful, through the base of the Andes Mountains. The village of Machu Picchu itself is a combination of shanty-type buildings, markets, pubs, upscale hotels and gourmet restaurants, with an occasional alpaca wandering by. Next, a 20-minute bus ride, up 1,000 vertical feet via a harrowing zig-zag road. One of the only other ways in is the Inca Trail, which takes four days to hike. We, like many others, just walked a mile to the Sun Gate, which provides a breathtaking view of the site.

Be aware that the locals do eat guinea pig, and as it is a delicacy, it is culturally polite to eat it.

What's next for me? Trying to recreate the national drink, the Pisco Sour, at home.

Kathy Buckworth's trip was sponsored by Vantage Adventures, which did not approve or review this story.

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4 AWESOME NEW ORLEANS EXPERIENCES (THAT ARE SHELLFISH-ALLERGY FRIENDLY)

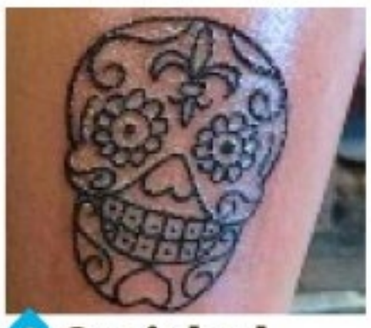
I've avoided New Orleans, figuring my shellfish allergy would spoil the food fun. But there's more to eat here than shrimp po boys and lots of things you can do to make your New Orleans experience your own. **JENNIFER BAIN/TORSTAR NEWS SERVICE**

1 Chow down on fried chicken

New Orleans Jazz Tours' Cheryl Teamer wanted to take me where the locals eat, so we headed to the Tremé neighbourhood to Dooky Chase's Restaurant for lunch. I feasted on made-to-order and achingly beautiful fried chicken. This art-filled spot, helmed by 93-year-old "Queen of Creole Cuisine" chef Leah Chase, has been around since 1941. **Details: dookychaserestaurant.com, jazztoursneworleans.com**

2 Connect with your dark side

The Museum of Death ("Where the Big Easy meets the Big Sleep") in the French Quarhas a grisly accident scene photo at the counter to prepare you for what's inside. There's the original Jack Kevorkian suicide machine, morgue and crime-scene photos, coffins, skulls, Manson Family photos and more. **Details: museumof-death.net**



3 Get inked near the French Quarter

Fleurs-de-lis have become a New Orleans symbol for post-Hurricane Katrina resilience. It seemed fitting to get them incorporated into the matching sugar skull tattoos my daughter suggested. We got inked as walk-ins at Downtown Tattoo on Frenchman St. in the Faubourg Marigny neighbourhood, just steps from the French Quarter. **Details: downtowntattoosnola.com**

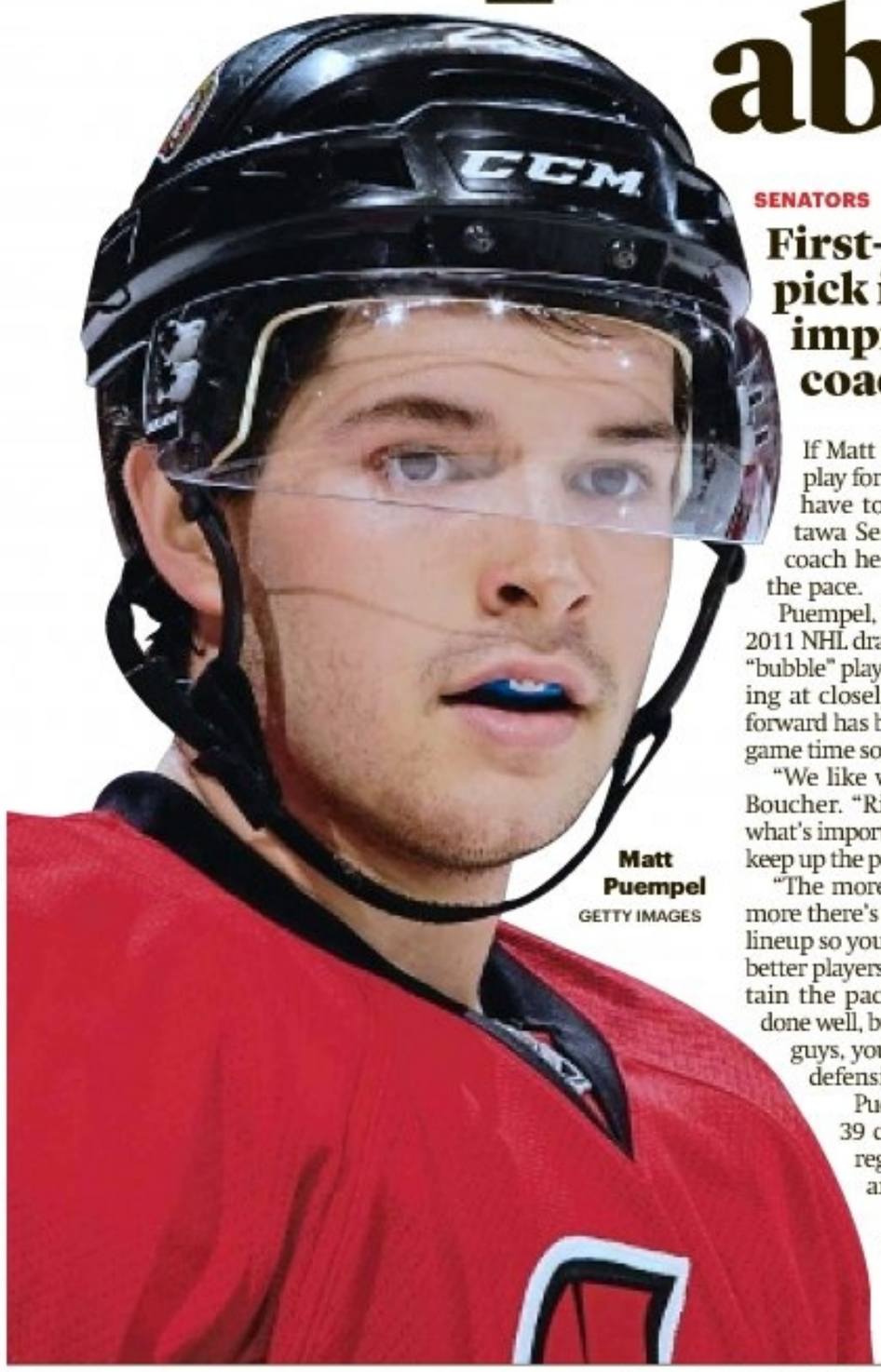
4 Chill-out with Chewbacca

A grizzled Chewbacca greets you at Cochon Butcher (or just Butcher) and it's amazing how oddly hipster the Star Wars character looks in this butcher shop/sandwich counter/wine bar. Butcher is part of the Link Restaurant Group (helmed by executive chef/CEO Donald Link) and next to the fancier Cochon in the Warehouse/Arts District near the convention centre. Swoon over Buckboard Bacon Melt with collards, the Cochon Muffaletta and Le Pig Mac. Get your veggies with marinated Brussels sprouts and coleslaw. **Details: cochonbutcher.com**

metro SPORTS

Tyronn Lue said he has discussed a position on the Cleveland Cavaliers coaching staff with recently retired power forward Kevin Garnett

Puempel looks to rise above bubble



Matt Puempel
GETTY IMAGES

SENATORS

First-round pick in 2011 impressing coach so far

If Matt Puempel wants to play for Guy Boucher, he'll have to prove to the Ottawa Senators' new head coach he can keep up with the pace.

Puempel, taken No. 24 in the 2011 NHL draft, is one of several "bubble" players Boucher is looking at closely. The 23-year-old forward has been getting a lot of game time so far this pre-season.

"We like what we see," said Boucher. "Right now, for me, what's important is: can the guys keep up the pace at an NHL level?

"The more we move on, the more there's NHL players in the lineup so you're playing against better players and can you maintain the pace you need? He's done well, but like all the young guys, you want to be better defensively."

Puempel has played in 39 career NHL games, registering four goals and two assists.

Projected to be a top-nine forward, Puempel has yet to show his offensive ability at the NHL level. He scored 30-plus goals three times with the OHL's Peterborough Petes and would've likely had a fourth if not for an injury.

He had 30 goals and 18 assists as a rookie with the AHL's Binghamton Senators in 2013-14. He has scored 12 and 17 goals, respectively, the last two years but to his credit was recalled to Ottawa.

> **At the end of the day if you work hard and put everything out there you put it in their hands.**
> Matt Puempel

The Senators signed the left-winger to a one-year, two-way deal this summer. And although Puempel is no longer waiver eligible, his top priority is playing well and impressing Ottawa's new coaching staff.

"I'm just enjoying each day and having fun with it," said Puempel. "Whatever happens, you just control what you can control and then let the rest take care of itself."

Puempel played in consecutive pre-season games earlier this week and scored in one. Overall, he was satisfied with his performance.

"I was happy with how things went in the couple games," he said. "Obviously you're playing with different linemates a little bit more than normal so that's an adjustment."

Puempel isn't the only player looking to impress.

Forwards Ryan Dzingel and Nick Paul are also fighting to earn Boucher's approval. Both saw time in the NHL last season and didn't look out of place.

"You've got to come every day and work your hardest and try and be the hardest worker at the rink every day," said Paul. "At the end of the day if you work hard and put everything out there, you put it in their hands."

With forwards Clarke MacArthur and Mark Stone both injured and Curtis Lazar sidelined with mononucleosis, the three youngsters all have the chance to impress. But time is short as the Senators are hopeful Stone and Lazar will return shortly.

Once again, in Boucher's opinion it will all come down to which players can keep up.

"Pace is everything to me ... it's all about the pace," Boucher said. "Can you sustain it? Can you maintain it? Are you slowing our team down or are you accelerating our game?

"I want to accelerate the game, that's for sure."

THE CANADIAN PRESS

IN BRIEF

Shaw given three-game suspension for boarding

Montreal Canadiens forward Andrew Shaw has been suspended three pre-season games for boarding Washington Capitals prospect Connor Hobbs.

Shaw hit Hobbs into the glass from behind Tuesday during his first pre-season game with the Canadiens and was given a major penalty for boarding and a game misconduct.

THE ASSOCIATED PRESS

Fernandez remembered as larger than life

Miami Marlins ace Jose Fernandez was remembered Thursday as a larger than life figure during a homily at his funeral.

His private funeral service in Miami drew about 300 mourners and lasted more than two hours.

Fernandez, a 24-year-old, two-time all-star, died early Sunday along with two friends in a boating accident off Miami Beach.

THE ASSOCIATED PRESS

Jays minor-leaguer nets 50-game doping ban

Former major-leaguer Jesus Montero has been suspended 50 games after testing positive for a stimulant, his second penalty for a banned substance.

Montero spent this season with Toronto's Triple-A Buffalo team, batting .317 with 11 home runs and 60 RBIs.

THE ASSOCIATED PRESS

The dos and don'ts of Dez

NFL

Bryant avoided Cowboys for 2 days, fearing news on knee

Dez Bryant appeared in the locker room Thursday and seemed to be in a good mood, which was more than the Dallas receiver could say for the first two days of the week.

The 2014 All-Pro missed medical appointments and team meetings over two days away from the Cowboys this week, and coach Jason Garrett said he was trying to avoid news on his injured right knee that he thought would be bad but was better than expected.

Bryant declined to comment but kept a steady presence in the locker room for the 45 minutes it was open to reporters, at one point playing music loudly the same way he did last season when he was out with a broken foot and had a contentious relationship with the media.

Later, he sat smiling on a counter looking into the locker room while talking to a member of the public relations staff.

Dez Bryant injured his right knee in the first quarter of Sunday's game against the Bears but still went on to make three receptions for 40 yards and a touchdown. RON JENKINS/THE ASSOCIATED PRESS

Garrett said Bryant missed an MRI on Monday and a team meeting Tuesday before finally getting the exam Wednesday. The MRI revealed a hairline fracture in a bone in his right knee, which he injured in last week's win over Chicago.

It's possible Bryant won't miss Sunday's game at San Francisco because the Cowboys have had similar scenarios with injury in the past. But he missed the first two days of practice this week, an indication he's unlikely to play.

> **Dez understands he has a responsibility to be here.**
> Cowboys head coach Jason Garrett

"It stems from someone who is very passionate about what he does and he did not handle this the right way," Garrett said. "He expressed that to me. He expressed that to other coaches and teammates.

"You can understand why he did what he did, given the passion that he has for the game and for this football team and where he thought he was. I'm not excusing any behaviour that he has."

Tight end Jason Witten, in his 14th season, said he respected Bryant's passion and appreciated the relationship they have.

"Anytime things like that happen, we all look at it and say, maybe we could do this different or do that different," Witten said. "Every situation's different. You handle it, you address it and you move forward as a team."

Garrett said there were "repercussions" but didn't specify whether there was a fine for Bryant, who signed a five-year, $70-million contract before last season.

"He was completely well-intended. He's a driven guy and his response to this was not the right one," Garrett said. "It was an understandable response given his personality and everything he puts into this."

THE ASSOCIATED PRESS

NFL NOTES

Gregory given 10-game ban for substance abuse
Randy Gregory has been suspended 10 games by the NFL on top of the four-game ban the Dallas defensive end was already serving for violating the league's substance-abuse policy.

Browns' Gordon delays return to enter rehab
Josh Gordon isn't going back on the field until he gets a tighter grip on his life.

The suspended Cleveland receiver, who's battled personal demons, said Thursday he's entering rehab and putting his promising career on hold.

Rivera rules out RB
Ron Rivera says Jonathan Stewart will miss his second straight game this Sunday with a hamstring injury when the Carolina Panthers visit Atlanta.

Watkins may give it a try
Buffalo coach Rex Ryan isn't yet ready to rule out receiver Sammy Watkins (sore foot) from playing at New England Sunday.

IN BRIEF

NFL to hold women's forum
In its efforts to get more women into administrative, coaching, officiating and scouting jobs, the NFL will offer a careers forum during Pro Bowl week.

The forum in Orlando, Fla., from Jan. 25-27 is designed to educate and prepare women to fill such positions. The league's Rooney Rule to enhance diversity in hiring was expanded this year to include interviewing women for all open executive positions at the NFL office.

THE ASSOCIATED PRESS

ACC title lands in Orlando
The ACC is moving its Dec. 3 football championship to Orlando.

The conference made the announcement Thursday.

Orlando emerged as a location after the ACC joined other leagues in pulling out of North Carolina amid backlash over controversial state House Bill 2 requiring transgender people to use restrooms at schools and government buildings corresponding to the sex on their birth certificates.

THE ASSOCIATED PRESS

EUROPA LEAGUE BIG Z AND ROONEY CONNECT Wayne Rooney finally made a difference for Manchester United, setting up Zlatan Ibrahimovic's goal two minutes after being summoned off the bench to help them beat Ukraine's Zorya Luhansk 1-0 in the Europa League on Thursday at Old Trafford. PAUL ELLIS/AFP/GETTY IMAGES

TEAM USA AWARDS

Olympic legends salute Kaepernick

Tommie Smith and John Carlos were proud to raise their gloved fists in a symbolic protest at the Olympics, and now they're proud that Colin Kaepernick and other athletes are staging protests to raise awareness about racial inequality and police brutality.

The U.S. sprinters who were sent home from the 1968 Mexico City Olympics for what they called a "human rights salute" say the San Francisco 49ers quarterback and others are right to use their platform to attempt to affect social change.

"Don't hate the kid because he stood up for something to change," said Smith, who won the gold medal and set a world record in the 200 metres in 1968. "He stood up for the right to exercise Amendment 1."

Speaking Wednesday at the Team USA Awards in Washington, the first U.S. Olympic Committee event they've been invited to since their protest, Smith says he's backing Kaepernick because his protest is proactive and Carlos says there's no better platform than sports to stand up for something.

"Protest is a good thing because you're trying to expose certain things," said Carlos, who won the bronze in the 200. "Then, when you sit back and say, 'Well, I don't know whether it's the right place to make a statement here or there.' In any protest, I think you make a statement to try and reach the far ends of the earth. What better way to do it than if you're in a sport." THE ASSOCIATED PRESS

Tommie Smith's and John Carlos' "human-rights salute" at the 1968 Mexico Games. THE ASSOCIATED PRESS

RECOGNITION

It has taken almost half a century for the USOC to welcome Smith and Carlos back into the fold after being outcast for breaking the rules.

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RECIPE Tuscan Chicken Skillet Dinner

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

You could add a salad on the side of this irresistible dinner or embrace its all-in-one-ness.

Ready in 45 minutes
Prep time: 30 minutes
Cook time: 15
Serves 4

Ingredients
- 2 Tbsp olive oil
- 1 lb chicken breasts, cut into bite-sized pieces
- 1/4 tsp oregano
- 1/4 tsp thyme
- 1 1/2 cups mushrooms, sliced
- 1 onion, diced
- 3 cloves garlic, minced
- 1/4 cup sun dried tomatoes
- 14 oz can cannellini beans, drained
- 19 oz can tomatoes
- 1/4 tsp chili powder
- 1 tsp sugar

Directions
1. Pour oil into a large skillet and warm to medium heat. Brown chicken. You may have to work in batches. Remove from pan and set aside. Drain all but about 1 or 2 Tbsp of fat.
2. Add mushrooms, oregano and thyme and allow mushrooms to become soft and brown. Remove from pan and set aside.
3. Add onion and garlic and cook 3 minutes until they're soft and fragrant. Add sugar, sun-dried tomatoes, canned tomatoes and beans. Simmer 5 minutes, breaking up tomatoes with spoon.
4. Gently tip in the chicken and mushrooms and simmer for another 10 minutes, until the meat is cooked through.

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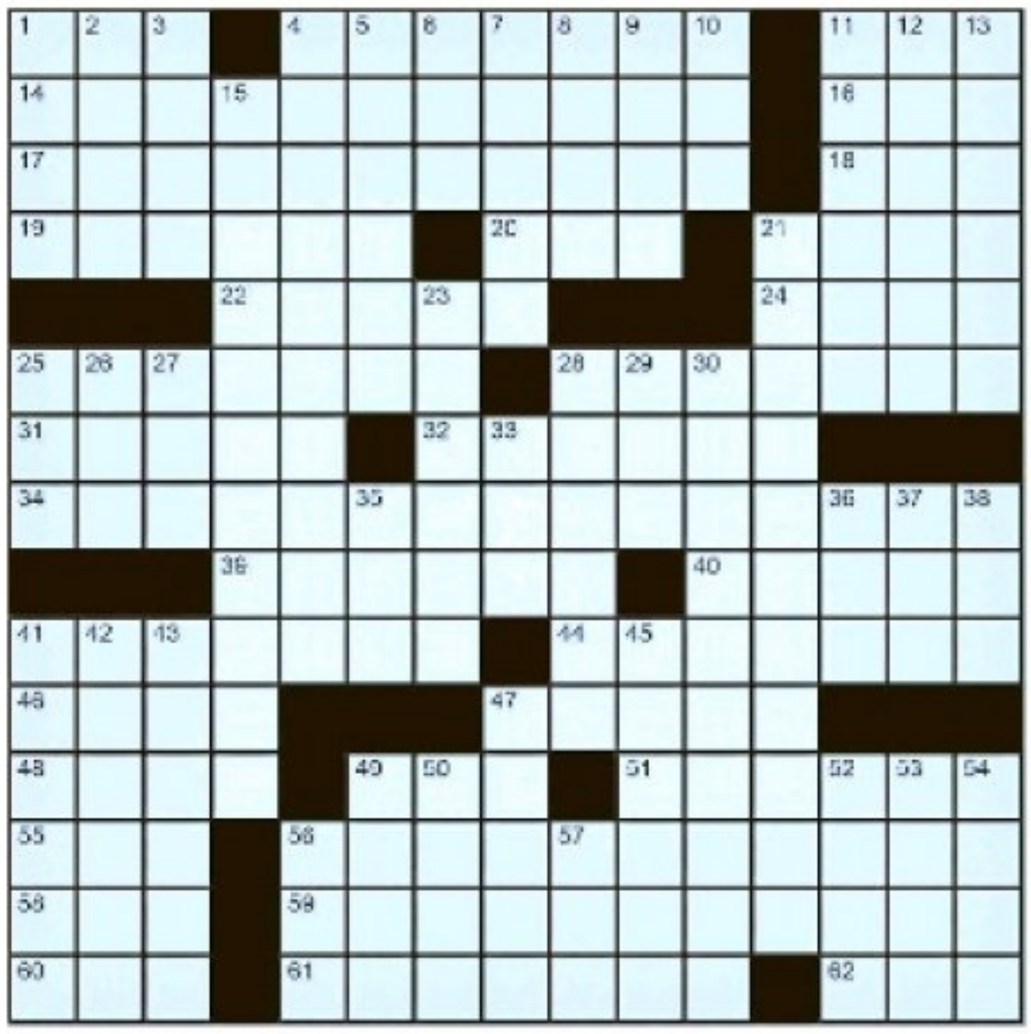
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Texter's "That reminds me..."
4. Notion
11. Nfld.'s water
14. Knee-of-a-pair-of-psychedelic jeans embellishment: 2 wds.
16. "Rob _" (1995)
17. Learn to play guitar: 2 wds.
18. Tiny type
19. Cannes 'century'
20. Antacid brand
21. NY Mets ballpark, _ Field
22. Showbiz performer Martha's
24. Hic, _, hoc
25. Flew the plane
28. Exercise system
31. Familiar reply to "Who's there?": 2 wds.
32. Ashes/lava ejecting volcano
34. Bit of Rush's "In the Mood": "Hey baby, it's _ _ _ _."
39. Hammering human
40. Legendary actor Peter
41. Bodybuilder's bulgees
44. Country in Africa
46. Formerly
47. "Get _ _!"
48. Back
49. Gibraltar, e.g.
51. Teeter-totter
55. Slammer's sound!
56. Duds displayer: 2 wds.
58. AOL, e.g.
59. Canadian daily newspaper since 1892: 2 wds.
60. Agnus _ (Mass prayer)
61. Used a crate for a better view: 2 wds.
62. Slowly slurp

DOWN
1. Pieces
2. Mr. Byers of "Empire"
3. Stirred
4. Arnold Schwarzenegger's "_ Damage" (2002)
5. How to put in contact lenses, _ _ at a time
6. Initials-sharers of Rush's drummer (More at #13-Down!)
7. Instances
8. Shirt collar type
9. Computer complaint, "My _ _ _ longer works."
10. Ordinal suffixes
11. Nunavut hamlet on Hudson Bay
12. Precisely: 3 wds.
13. #6-Down wrote the what for #15-Down?
15. "The _" - 'A Short Story by Rush' that goes... "As grey traces of dawn tinge the eastern sky, the three travelers, men of Willow Dale, emerge from the forest shadow."
21. Ancient drivers
23. Henry Ford's son's cars
25. Ms. Zadora
26. "What's the alphabet's 17th letter?" A. "I believe they call _ '_'."
27. Baton Rouge sch.
28. Seabird sort
29. _ Jima
30. New park in the Willowdale neighbourhood of Toronto named in honour of the two members of Rush who grew up there, _ _ Art Park
33. Grand-_, Nova Scotia
35. Bond
36. Dog's warning...
37. Charlemagne's li'l domain
38. Tetley drink
41. Ghoulish
42. Anxiety
43. Shrimp serving
45. _ _ the occasion
47. 1977: _-Detoo
49. Schedule opening
50. Lawn mower maker
52. U.S. pre-coll. exams
53. Amazon berry
54. Venus Flytrap's station
56. Belonging to Hartford's li'l state
57. Wee glove insertee

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is an excellent day to enjoy the company of others. Dealings with friends, partners and members of the general public will be enjoyable.

Taurus April 21 - May 21
Work-related travel is likely today. Try to do whatever you do can to improve your job prospects because you have such a positive attitude.

Gemini May 22 - June 21
It's Friday and it's a fun day! Make plans to meet friends for lunch or after work. Enjoy sports events, social occasions and playful activities with children.

Cancer June 22 - July 23
Discussions with a parent or a family member will be positive today because domestic peace and happiness are important to you right now. This is a good day for real estate discussions.

Leo July 24 - Aug. 23
Believe in the power of positive thinking because it cannot be underestimated. Notice how your optimism attracts others to you today.

Virgo Aug. 24 - Sept. 23
This is an excellent day for business and commerce. Look for ways to make a profit, because they exist, especially with foreign interests.

Libra Sept. 24 - Oct. 23
Today the Moon is lined up with Jupiter in your sign, which is why you feel so positive. You also feel generous to others because you are confident. You know, deep down, that you get what you give.

Scorpio Oct. 24 - Nov. 22
Today you might be concerned with the deeper aspects of life, especially in terms of spiritual insights. It's easier to think with your heart rather than your mind.

Sagittarius Nov. 23 - Dec. 21
Today you will enjoy the company of others, especially in groups. It's a perfect time to share your hopes and dreams for the future with someone.

Capricorn Dec. 22 - Jan. 20
Bosses, parents and people in authority are impressed with you today. In turn, you will be pleased to get their endorsement!

Aquarius Jan. 21 - Feb. 19
This is the perfect day to make future travel plans because you are not afraid to think big. Likewise, future plans about higher education, training, publishing and the media are exciting.

Pisces
Feb. 20 - March 20
This is a good day to discuss inheritances and shared property because you will come out smelling like a rose. Things will tend to go your way, which is a good thing.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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		4				6		
			5	2	6			

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5	9	4	2	7	8	6	1	3
2	8	6	3	1	5	7	9	4
8	6	7	9	3	2	1	4	5
4	5	9	1	8	6	3	7	2
3	1	2	7	5	4	8	6	9

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[1] Based on a comparison of 2015 Aeroplan Flight Reward bookings against actual market base fares and leading financial institutions' travel rewards programs' terms and conditions. [2] Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan *Visa Infinite* Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make $1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. ® The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. ® The Aeroplan logo and Aeroplan are registered trade-marks of Aimia Canada Inc. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.